

June 7, 2003



9133 Capstone Court
Noblesville, IN 46060
(317)774-1040/1039FAX
e-mail: ta5225@aol.com

714-3649

To Whom it may concern,

Mike Reynolds participated in a challenge course facilitator training (low/high ropes) at Wyonegonic Camps from June 2-7 (70 hours), 2003. The session was designed and administered by myself, Tom Andrews, who has been in the challenge course field as a builder/trainer since 1980, and a member of ACCT; and Tia Bradshaw, who has been reviewed in her skills by myself on an annual basis. Tia has been certified by Pro Image & Associates (PI & A) since 2001, and has been a TA for a college class 3 times and a trainer for Pro Image & Associates.

The session included skills training review on:

1. **Sequencing and facilitation techniques of Games (Mixers, De-Inhibitizers, Names & Intros), Trust, Initiatives and Low Elements);**
2. **Spotting and belaying** protocols- techniques for proper positioning of spotters (relative to climber position) for a variety of different LOW events including Willow in the Wind, Trust Falls from a height, Trapeze Jump, Nitro Crossing, Pirates Crossing, Mohawk Walk / Multivine and Tension Traverse, Spider Web, Swinging Log, and Whale Watch AND HIGH course protocols such as techniques for securing, backing up and positioning belayers (relative to climber position);
3. **Group Process and formation, briefing and debriefing skills.**
4. **Knots** (bowline on a bight, figure eight follow-through, double fisherman's, prussik, clove hitch, safety knots, identifying proper splices);
5. **Rope care** / handling/coiling/when to retire;
6. Use of **Personal Safety Gear (PSG)** -following ACCT Installation Standards and manufacturer's specifications;
7. **Operation** (set up/take down and proper use and options for many of the stations) of the Wyonegonic Camp and Camp Agawam Outdoor High and Low Challenge course*;
8. **Use of ascenders, prussiking, rappelling** and other forms of self-belays (**Bearclaws**);
9. **Emergency procedures / cut away rescues** protocols specific to Wyonegonic Camp Outdoor High challenge course*.

Mike demonstrated competency at these skills. Mike has been a climber in his past experience. **It is understood that Mike would continue to review/demonstrate competency at least every year.**

While there is no single certifying agency for this sort of work, the content of what Miss Bradshaw and I taught is at least minimally adequate to cover the technical standards for challenge course operations. (See the 2002 edition of the Association for Challenge Course Technology (ACCT) standards).

Sincerely,

Tom Andrews, M Ed and Owner,
Pro Image & Associates

*** built in 1997, added to in 2000, 2001, 2003**

Associate member of Association for Challenge Course Technology (ACCT)